

## ***Maryland Physical Education Voluntary State Curriculum***

State Board of Education  
May 27, 2009

### ***Physical Education***

Physical education plays a critical role in educating the *whole* student. Research supports the importance of movement in educating both mind and body and helps students to make informed choices and understand the value of leading a physically active lifestyle.

***National Association of Sport and Physical Education***

### ***The “New PE”***

The “Old PE” curriculum emphasized speed and ability and sports instruction.

The “New PE” is a program that emphasizes the instruction in concepts including fitness, personal goal setting, personal and social behavior and the understanding of movement concepts, principles and strategies as they apply to the learning and performance of physical activities.

### ***Physical Education Voluntary State Curriculum***

#### **Writers**

- Teachers
- Supervisors
- System leadership
- Higher Ed.

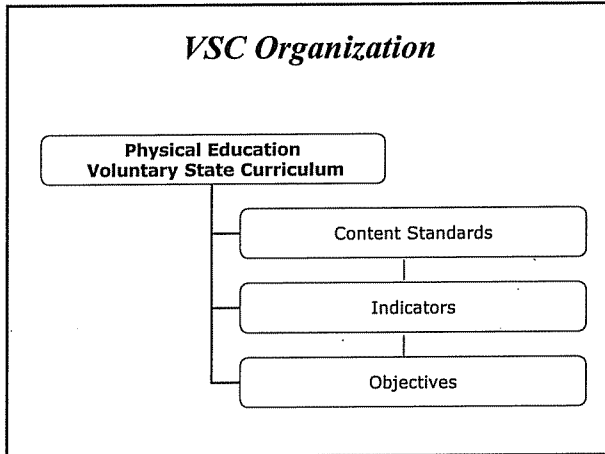
#### **Development**

- Prototype
- Initial writing teams
- MSDE content review
- Revisions
- Review/revisions
- Final review

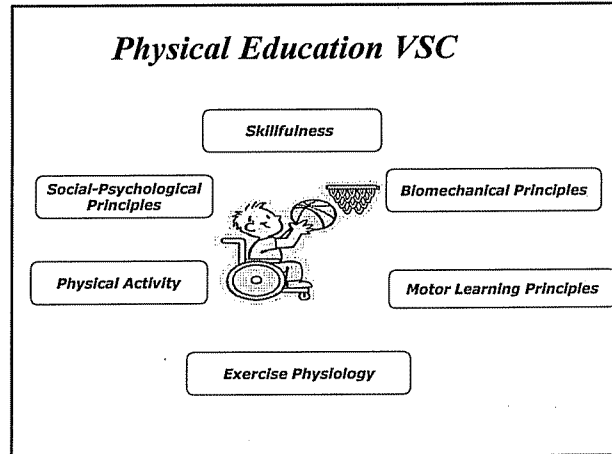
#### **Draft Status**

- Available for classroom and district use
- Feedback and input provided through website
- District Visits
- Expert review

## *VSC Organization*



## *Physical Education VSC*



## *Expert Review Panel*

### **Westat**

- > Jacalyn Lund, Ph.D
- > Sandra Bargainnier, Ed.D., CHES ,
- > Gail Goldberg, Ed.D
- > Matthew Trout, M.Ed.

## *Maryland Physical Education VSC Review*

### **The Charge**

- > Evaluate the Draft Physical Education VSC
- > Identify Strengths and Weaknesses
- > Recommend Improvements

### ***Methodology***

#### **Process:**

- Rubric Scoring
  - Across Grade Groupings
- Benchmarking
  - The National Physical Education Standards,
  - CDC's Physical Education Curriculum Analysis Tool (PECAT)

### ***Methodology***

#### **Focus:**

- National Standards Alignment
- Content rigor
- Developmental Appropriateness
- Scope and Sequence

### ***Summary of Strengths***

#### **Built on a Substantial Foundation**

- Coherent, Standards-based System
- Defines Student Expectations
- Roadmap for Local Curriculum and Instruction

### ***Summary of Strengths***

- Provides a Basis for Assessment
- Addresses Contemporary Physical Education Issues for Children and Youth
- Recognizes Physical Education as an Important Separate Academic Discipline

### ***Areas Needing Improvement***

- ✦ Alignment with National Physical Education Standards
- ✦ Prevalence of cognitive rather than psychomotor skills.
- ✦ Distinctions between parallel indicators/objectives across grades
- ✦ Alignment of content standards, indicators and objectives.

### ***Responding to the Feedback***

- Professionals from across the state were asked to assist in the response
- Each recommendation was carefully considered
- Modifications and changes were developed and reviewed by physical education stakeholders

### ***Changes to the VSC***

- Aligned the VSC to the National Standards for Physical Education
- Developed objectives to be more psychomotor as well as cognitive
- Examined the use of identical wording repeated across grades.
- Examined the verbs through the lens of Bloom's Revised Taxonomy
- Developed rationale statements

### ***Next Steps***

- Develop Toolkit
- Continue the Relationship With Local School Systems to Provide Professional Development
- Revisit COMAR

*Questions  
or  
Comments*